



Fitness Center Rules

- Children under the age of 13 are not permitted to use equipment.
- Children under the age of 18 must be accompanied by an adult.
- Equipment is use at your own risk.
- Consult your physician before starting any exercise program.
- Use equipment for its intended purpose only.
- Please wipe equipment after use.
- Appropriate fitness attire must be worn when using equipment.
- No flip flops, sandals, or open toe shoes permitted on equipment.
- No food or glass containers are permitted in the fitness center.
- All Charlotte County Facility Rules must be adhered to during use.

Last Reviewed: December 2021